

# Toddler Toolkit: Colors in the Garden

## Hello friend!

Every baby learns to see and understand the world one color at a time. Here is a guide to help you here at The Dixon.

**When we are born**, we can't see all the colors yet. The little sensors in our eyes had to develop. Babies are seeing new colors all the time. And today may be the first time they understand that green is a thing in the world.

## The Gardens change so much

from day to day. Flowers today, compost tomorrow. Ask yourself this, "Could I find a color to be excited about today?" The answer is yes, and you and your little one can find out together.

## Try this movement!

- Get still with your kiddo.
- Slowly spin and take in everything with them.
- As you do, point out and name colors in the distance together.
- Do colors blur together?
- What is the most abundant color this time of year?

## Or this color hunt!

- Pick a favorite color.
- Go on a color hunt and count how many times you encounter that color, be it a brick on a building, a cloud, or a tulip.
- Repeat with other favorite colors.
- At the end of your day tally the colors together.
- Try to remember for your next visit!

## Make at home!

- When you find a great color, take a picture with your phone.
- When you are back at home, look at the pictures with your little one and try to use the same colors to draw and paint with.
- This will be good for both of your creativity.

Be safe and remember that while the garden changes all the time, the Dixon is always here. Come back soon to see how the colors have changed!